

Frieda Saves the Ocean



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This book was written within the Territory and Treaty 13 lands of the Mississaugas of the Credit First Nation, and the traditional territory of the Huron-Wendat and the Haudenosaunee First Nations.



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Frieda went to the beach one day, when she saw all this garbage left astray.

Eager to build a castle in the sand, she kept seeing pieces of garbage and she just couldn't enjoy the day as planned.



Frieda said angrily, “Who left their garbage here where I want to play?”

She looked out at the water and a friendly turtle came her way.





The turtle looked out on the horizon and said,
“This is my home you see, and when I see all
this garbage, I feel as sad as can be.

Each day I swim around and explore, and
everyday I see more garbage than ever before.

From big whales to little fish and everything
in-between, the ocean is our home. With all this
garbage, the future of our ocean is unknown.

My flippers can take me great distances to
swim, but I can't clean up the garbage and
that makes me grim.”



When garbage is thrown on the shore, it doesn't just wash away and disappear. Humans have created a bigger clutter than ever before.

There are currently 5.25 trillion pieces of trash in the sea, and that number keeps growing as far as we can foresee.





“The problem here isn’t just the mess, but my friends and I eat here and plastic is quite hard to digest. Accidentally eating garbage is making my friends sick, but if everyone works together to clean up, it could do just the trick!” said the turtle.





The turtle swam away and Frieda thought about what he said and decided she would be the one to save the day.

She encouraged everyone at the beach to take their garbage home and throw it away.







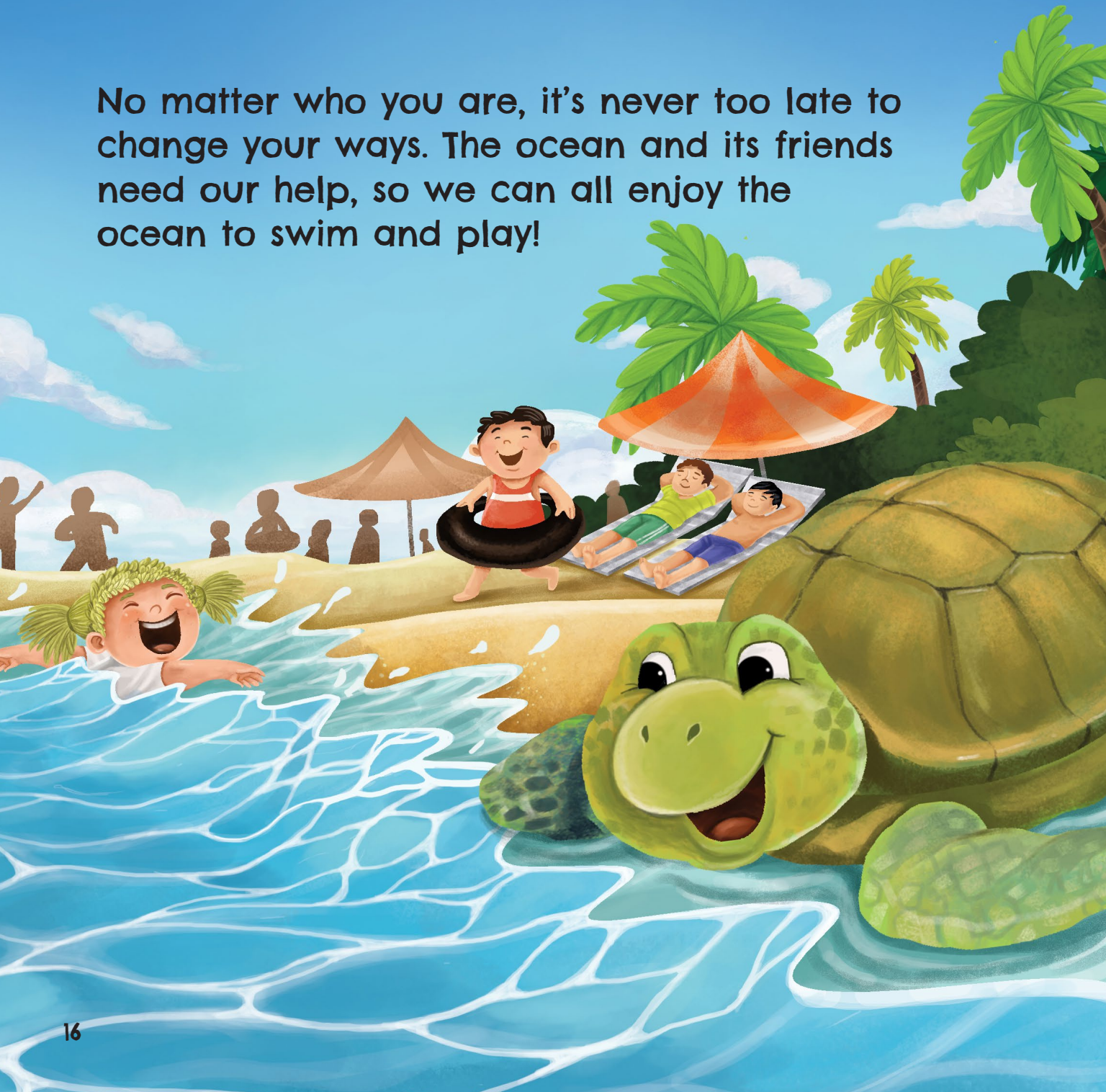
As the waves continued to crash, Frieda spent the rest of her afternoon cleaning up trash.

Although she is just one person, she knew she was making a difference.

If we all work together, we can save our ocean. It's the only way to keep our eco-system in motion.



No matter who you are, it's never too late to change your ways. The ocean and its friends need our help, so we can all enjoy the ocean to swim and play!



About Ocean Wise & Ocean Bridge

Ocean Wise is a nonprofit organization whose mission is to empower communities and individuals to take action to protect and restore our world's oceans. Ocean Wise aims to inspire people in every corner of the planet to help protect our oceans by increasing understanding, wonder and appreciation for our blue planet.

Ocean Bridge connects Canadian youth and young professionals from coast to coast to coast, empowering them to take action for ocean conservation. Ocean Bridge connects youth ages 18-30 to form a national team engaged in co-creating and delivering ocean and waterway service projects for their home communities. Ocean Bridge is one of three experiential programs run by Ocean Wise.

